

HSE Safeguarding Adults at Risk

Explainer Transcript

You have a right to feel safe.

You should feel safe wherever you are - in your home, in work, in your centre or out with your friends.

Sometimes if you don't feel safe, abuse might be happening to you.

Abuse is when someone hurts you, frightens you or treats you badly.

It can make you feel sad, scared, angry, worried or stressed.

It can happen to anyone, anytime and at any place.

Abuse is wrong and should never be tolerated.

There are lots of different types of abuse.

If you think you are being abused or you think that someone you know is being abused, talk to someone you trust, such as a family member, a staff member or a friend.

Our staff are here to help you.

We will work with you to take steps to protect you from this abuse.

We will listen to you and make sure you feel okay with talking to us.

There may be other people we should tell so that we can help you live your life free from this abuse.

We will find out what you would like to see happen as a result of telling us.

We will work with you to help keep you safe from abuse.

And you can feel safe again.

Don't be afraid to speak up. Tell us if you think you've been abused.

We in the HSE and our funded services, want to help.

We will help you live a life free from abuse.